Access to Mishima and NIG

TRANSPORTATION FROM NARITA AIRPORT TO MISHIMA

JR Narita ExpressShinkansen (Kodama)Narita Airport ===== JR Tokyo station ===== Mishima1hour20 min1hour

First, note that there are two terminals in Narita Airport (Narita airport and Narita airport terminal 2) depending on the flight you have taken or going to take. However, the following instructions are applied to both terminals.

There are three ways to come to Tokyo from Narita Airport, by *JR Narita Express train*, *KeiSei Skyliner*, and *limousine bus*. If you have a plan to stay in Tokyo before coming to Mishima, the limousine bus may be convenient because the bus goes directly to major hotels in Tokyo. *JR Narita Express* is the most convenient way, if you come directly to Mishima from Narita Airport. Transportation by *JR Narita Express* train and *Shinkansen* is thus described here. We do not recommend that you take *Keisei Skyliner*, because you cannot directly come to Tokyo station by it.

1. From Narita Airport to Tokyo (by JR Narita Express):

The ticket offices are located on the underground floor in the airport building. Please go down by escalator after you exit customs, looking for a sign saying JR and Narita Express. Purchase three tickets, a train ticket (Narita Airport – Mishima) and two express tickets (JR Narita Express for Narita Airport – Tokyo and Shinkansen for Tokyo-Mishima) at the ticket office. As all JR Narita Express tickets are reserved, there listed an assigned seat no., car no. and train no. on your ticket. The total cost of the tickets (one way) is about 7,000 yen, although it varies slightly depending on seasons. While all seats are reserved in JR Narita Express, reserved/unreserved seats are available in Shinkansen. Unreserved seats (train cars 1-7 and 13-15) cost about 500 yen less, but you may have to keep standing for the one hour journey. Smoking and non-smoking seats are available in both JR Narita Express and Shinkansen at the same price.

JR Narita Express departs Narita Airport once or twice every hour. The final JR Narita Express connectable to Shinkansen departs there at 20:43. Please check http://www.narita-airport.or.jp/airport_e/ or see Train Time Table (section 5) for detailed information. As the ticket wicket is automated; you insert the train ticket (Narita Airport – Mishima) and Narita express ticket together into the wicket opening and take both of them when they come out.



2. From Tokyo to Mishima (by Shinkansen)

Narita Express arrives at a platform deep in the underground at JR Tokyo station. You will need to take quite a few escalators/stairs up. In addition, as the Shinkansen platforms are located at the opposite side of JR Tokyo station, you need to walk across the concourse of the station. Therefore, please allow about 20 minutes for the connection time. Go straight to the central transfer pathway following the "**Tokaido, Sanyo Shinkansen**" signs. When you walk through the ticket wicket, you will see digital signs above your head showing train type/number, departure time and platform number (between 14-19). Note that **Kodama trains stop at Mishima** though there are others such as Hikari and Nozomi (see figure on next page). Please be sure that you are on a Kodama. Mishima is the fifth stop (Tokyo – Shinagawa -Shin-Yokohama - Odawara – Atami – Mishima), taking about one hour from Tokyo.

The announcements/signs in the train are both in Japanese and English. At the Shinkansen wicket which is also automated, you insert the train ticket (Narita airport – Mishima) and the Shinkansen express ticket together into the opening and take them when coming out. Get off at Mishima Station and for further directions see <u>At Mishima</u> <u>Station</u> section.



TRANSPORTATION FROM KANSAI INTL AIRPORT TO MISHIMA

JR Haruka Limited ExpressShinkansen (Kodama/Hikari*)Kansai Intl Airport ===Shin-Osaka Sta. ===Mishima Sta.45 min10 min2-3 hours

* You may need to transfer to Kodama Shinkansen at Nagoya, Hamamatsu or Shizuoka Station.



If you fly to Kansai Airport in Osaka, refer to the following web site: <u>http://www.kansai-airport.or.jp/english/index.htm</u>

Then click < JR West > on the left to get the information about coming to *Shin-Osaka station* from the airport. You have to take a JR "Haruka" Limited Express at the airport and get off at Shin-Osaka station (it departs every 30 min). It may be possible to buy a ticket to Mishima including a Shinkansen super-express ticket at the airport station. It takes about 45 minutes to get to *Shin-Osaka station* from the airport (DO NOT get off at *Osaka Station*).

At Shin-Osaka station, if you could not buy tickets to Mishima yet, buy them (a ticket to Mishima and a super-express ticket together; both may be combined to one ticket), or if you could, directly go to one of the Shinkansen super-express platforms at the station follow the signs to do so. You have to go to a platform to go towards Tokyo. Then, take a Kodama or a Hikari super-express bound for Tokyo. If you take a Kodama, you can directly come to Mishima in about 3 hours. If you take a Hikari, you can reach Mishima in 2 hours or so, but may have to change trains at Nagoya, Hamamatsu or Shizuoka to a Kodama, though some Hikari does stop at Mishima. Please confirm that at the ticket office or see attached Train Time table (Shinkansen_from_Osaka_to_Tokyo.pdf). In either case you can buy a non-reserved super-express ticket or a reserved one (bit more expensive).

The announcements/signs in the train are both in Japanese and English. At the Shinkansen wicket which is also automated, you insert the train ticket (Shin Osaka – Mishima) and the Shinkansen super express ticket <u>together</u> into the opening and take them when coming out. If you need to transfer to a Kodama Shinkansen in Nagoya or Shizuoka stations, get off at either of these stations and wait for the Kodama Shinkansen. Get off at Mishima Station and for further directions see <u>At Mishima Station</u> section

3. At Mishima Station

There are two exits in the station, north and south. The north exit is attached with the Shinkansen super-express train platforms and the south exit is closer to the ordinary train platforms. To take a taxi, get out from the north exit (the nearest exit from the Shinkansen platforms). If you go to the Mishima Plaza Hotel or Hotel alpha-1, say "Mishima Plaza Hotel" or "Hotel alpha-1" slowly to the driver or show the information of the hotel below. It takes less than 10 min to the Hotel. The run cost about 660 - 700 JPY.

If you decide to walk to the hotel, we suggest you to do so from the South Exit. To get to the south exit from the shinkansen super-express platforms, come down the stairs and find the wicket that connects with the south exit through underpass (don't get out from the north exit). Once you get to the South Exit, please follow the map below to get to the hotel. It takes about 5 to 15 min.



Mishima Plaza Hotel:



Address: 14-31, Honcho, Mishima, Shizuoka 411-0855, Japan Telephone: +81-55-972-2121 FAX: +81-55-972-2123 E-mail address: front@mishimaph.co.jp



The 5th Japan-Korea-China Bioinformatic Training Course 2006

Hotel alpha-1:



Address: 12-6, Ichibancho, Mishima, Shizuoka 411-0036, Japan Telephone: +81-55-973-6600 FAX: +81-55-973-0044

4. Getting to the National Institute of Genetics (NIG)

You may take a taxi from the Hotel to "**Idenken**" (NIG), it takes less than 10 min. If you rather like to walk, it may take about 30 min (Additional map will be provided).



Please see the map below to find the "Center for Information Biology (CIB)-DDBJ" building. The 5th Japan-Korea-China Bioinformatics Training Course will be held on the Seminar Room W202 on the 2nd floor.



NIG Campus Map:

Center for Information Biology (CIB)-DDBJ

The 5th Japan-Korea-China Bioinformatics Training Course will be held at the AV Seminar Room W202 on the 2nd Floor of the CIB-DDBJ building.

There are also other refreshment room in the CIB-DDBJ building. It is on the 2F of the left side after coming out of the elevator. Please refer to the floor map on the next page for more details.



Map of CIB-DDBJ Building

5. Train Time Tables:

NARITA EXPRESS TRAIN [From Narita Airport]

Narita Airport	Airport Terminal2	Tokyo	Shinagawa	Shinjuku	Yokohama			
7:43	7:46	9:02	-	9:24	-			
8:13	8:15	9:26	9:36	-	9:57			
8:43	8:46	9:51	-	10:15	-			
9:13	9:16	10:15	10:27	10:37	10:47			
9:43	9:46	10:47	-	11:09	11:19			
10:13	10:16	11:11	-	11:34	11:44			
11:13	11:16	12:12	12:25	12:34	12:45			
12:13	12:16	13:10	13:22	13:33	13:42			
13:13	13:16	14:17	14:31	14:43	14:51			
14:13	14:16	15:15	-	15:37	-			
14:43	14:45	15:43	15:52	-	16:43			
15:13	15:16	16:13	-	16:37	-			
15:43	15:47	16:45	16:53	-	17:14			
16:13	16:17	17:18	-	17:42	-			
16:43	16:46	17:47	-	-	18:18			
17:13	17:17	18:17	-	18:42	-			
17:43	17:47	18:45	-	19:42	-			
18:13	18:17	19:17	-	19:39	-			
18:43	18:47	19:51	-	20:14	20:23			
19:13	19:15	20:13	-	20:39	20:47			
19:46	19:48	20:51		21:14	21:22			
20:43	20:45	21:45	-	22:08	22:17			
21:43	21:46	22:47	-	23:08	23:18			
			-					

[To Narita Airport]

Yokohama	Shinjuku	Shinagawa	Tokyo	Airport Terminal2	Narita Airport
-	6:07	-	6:30	7:26	7:29
6:25	6:33	-	7:00	7:56	7:59
-	7:07	-	7:30	8:28	8:31
7:26	-	-	8:00	8:55	8:58
-	8:05	-	8:30	9:24	9:27
8:26	-	-	9:00	9:56	9:59
9:30	9:40	9:50	10:03	10:56	10:59

10:42	-	11:03	11:56	11:59
11:42	11:49	12:03	12:56	12:59
12:42	12:49	13:03	13:56	13:59
13:12	13:19	13:33	14:24	14:27
13:42	13:49	14:03	14:53	14:56
14:12	-	14:33	15:24	15:27
14:42	-	15:03	15:55	15:58
15:12	-	15:33	16:26	16:28
15:42	-	16:03	16:54	16:57
16:12	-	16:33	17:26	17:28
-	-	17:03	17:55	17:57
17:12	-	17:33	18:25	18:27
-	-	18:03	18:55	18:57
18:11	-	18:33	19:31	19:33
-	18:52	19:03	20:01	20:03
19:42	19:49	20:03	21:10	21:13
	11:42 12:42 13:12 13:42 14:12 14:42 15:12 15:42 16:12 - 17:12 - 18:11 -	11:42 11:49 12:42 12:49 13:12 13:19 13:42 13:49 14:12 - 14:42 - 15:12 - 15:42 - 16:12 - - - 18:11 - - 18:52	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$\begin{array}{c c c c c c c c c c c c c c c c c c c $

[From Kansai International Airport]

in black = Kansai Airport Raipid Service in red = Limited Express in blue = Local								Bound for KB = Kyoubashi H = Hineno KT = Kyoto N = JR Namba M = Maibara T = Tennoji		
	Mondays to Fridays except holidays				Saturdays, Sundays and holidays					
0 KB	28 H	38 KT	50 KB		6	0 KB	20 KB	41 KT	47 KB	
10 H	22 KB	29 KT	44 H	59 KT	7	12KB	35 H	44 KT	51 KB	
2 H	12 KB	30 T	48 KT	53 KB	8	8 KT	10 KB	25 T	44 KT	52KB
10 N	18 KT	25 KB	48 KT	52 KB	9	10KB	18 KT	29 N	48 KT	52 KB
10 KB	18 KT	29 N	48 KT	52 KB	10	10KB	18 KT	29 N	48 KT	52KB
10 KB	18 KT	29 N	48 KT	52 KB	11	10KB	18 KT	29 N	48 KT	52 KB
10 KB	18 KT	29 N	48 KT	52 KB	12	10KB	18 KT	29 N	48 KT	52KB
10 KB	18 KT	29 N	48 KT	52 KB	13	10KB	18 KT	29 N	48 KT	52 KB
10 KB	18 KT	29 N	48 KT	52 KB	14	10KB	18 KT	29 N	48 KT	52 KB
10 T	18 KT	25 KB	48 KT	52 KB	15	10KB	18 KT	29 T	48 KT	52 KB
13 KB	18 KT	32 T	48 KT	52 KB	16	10KB	18 KT	29 T	48 KT	52 KB
13 KB	18 KT	32 ⊺	48 KT	52 KB	17	10KB	18 KT	29 ⊺	48 KT	52 KB
13 KB	18 KT	30 T	48 KT	52 KB	18	10KB	18 KT	32 T	48 KT	50 KB
13 KB	18 M	30 ⊺	48 KT	52 KB	19	10KB	18 M	30 ⊺	48 KT	52 KB
18 M	21 KB	30 T	48 KT	52 KB	20	13KB	18 M	32 T	48 KT	52 KB
13 KB	18 KT	30 ⊺	52 KB		21	12KB	18 KT	30 ⊺	52 KB	
10 T	18 KT	32 KB	53 T		22	10 H	18 KT	29 KB	55 T	
11 T	26 H	40 ⊺			23	11 T	26 H	40 ⊺		
									as of Mar	ch 1, 2005

TOKAIDO SHINKANSEN (Tokyo Sta. ←→ Mishima Sta.←→ Shin-Osaka Sta.)

Please see attached files for detailed time tables from Tokyo Station to Mishima Station or from Shin-Osaka Station to Mishima Station. You may also get a copy of the Shinkansen time table at Narita Airport/Kansai Intl Airport or Tokyo Sta./Shin-Osaka Sta. at the JR counter.

6. Restaurant Information

There are a number of restaurants around the Mishima Plaza Hotel, especially in direction to the Mishima Hirokoji Station (see map "4. Getting to NIG") or towards the Mishima Station (South Exit). Further details will be provided in an annexed document.

Reviews of Japanese traditional dishes are provided in the following site: <u>http://www.japan-guide.com/e/e620.html</u>

7. Miscellaneous

Payment by Credit Card & Money Exchange

You can use major credit cards such as VISA/MASTER and Amex at the JR ticket office and the hotel you stay in Mishima. However, credit cards are often not accepted in small shops and taxis in Japan. Please have enough cash on hand. We recommend you to exchange from your currency to Japanese Yen (JPY) at the Narita Airport. Cash exchange offices are near custom exit at the Narita Airport. The current exchange rates (as of March 3, 2006) are: 1 Korean Won = ~0.1203 JPY or 1 Chinese Yuan = ~14.487 JPY.

PC electricity plug adaptor

Voltage in Japan is 100-110 Volts. Note that in Japan the electricity plugs are different from those in Korea or China. You may like to get an adaptor at the Narita Airport or in your home country.

Usable media for presentations

We can support the following media: USB memory keys, MO disks, CDs, and DVDs. We do not have facilities to support ZIP disks.

<u>Useful links:</u>

National Institute of Genetics (NIG) <u>http://www.nig.ac.jp/index-e.html</u>

DNA Databank of Japan (DDBJ) http://www.ddbj.nig.ac.jp/Welcome-e.html

Center for Information Biology (CIB) http://www.cib.nig.ac.jp/Welcome.html

Mishima Plaza Hotel http://www.bookings-asia.com/jp/hotels/plaza-mishima?aid=300454

Hotel Alpha – 1 http://www.alpha-1.co.jp/mishima/mishima.html

JR Narita Express- Narita Airport (Tokyo) <u>http://www.jreast.co.jp/e/nex/</u>

Kansai Intl Airport (Osaka) http://www.kansai-airport.or.jp/english/index.htm

JR West Japan (Shinkansen or Japanese Bullet Train) <u>http://www.westjr.co.jp/english/global.html</u>

Japan Guide http://www.japan-guide.com/

Japan National Tourist Organization <u>http://www.jnto.go.jp/</u>